

A Talk with John Counseling and Consulting, PLLC

John W. Goodwin III., MA, LCMHC-Q, NCC

Consulting and Coaching Agreement

Name: _____

Address: _____

Phone number: _____ Do you accept texts? Yes No

Email: _____

Welcome to my consulting and coaching practice. This document constitutes an understanding and a contract between us (the "Agreement"). Please read it carefully and raise any questions or concerns that you may have before signing.

Description of Services

The services provided by A Talk with John Counseling and Consulting, PLLC are conducted via telephone, video or in person. Consulting and coaching are collaborative, non-clinical partnerships focused on increasing awareness, improving decision-making, developing skills, and supporting the Client in identifying and achieving personal, professional, relational, or leadership goals. The success of consulting and coaching depends upon the Client's commitment, honesty, and willingness to engage in reflection and action.

***Please note that consulting and coaching should not be used as a substitute for counseling, psychotherapy, psychoanalysis, mental health care or substance abuse treatment and I will not use it in place of any form of diagnosis, treatment or therapy.*

Differences between Consulting and Psychotherapy

Consulting and Coaching are different from psychotherapy and do not replace clinical mental health treatment. While I am a Licensed Clinical Mental Health Counselor in North Carolina, services provided under this Agreement are non-clinical in nature.

Psychotherapy is a healthcare service involving diagnosis and treatment of mental health conditions and may be reimbursable by insurance. Consulting and coaching are not healthcare services and are not reimbursable by insurance.

While consulting, coaching, and psychotherapy may all involve conversation, insight, and personal growth, they differ significantly in focus, goals, scope, and professional responsibility.

Focus & Goals

The focus of consulting and coaching is the development and implementation of strategies to support Client-identified goals that enhance performance, fulfillment, accountability, leadership capacity, relational effectiveness, and life balance.

Consulting and coaching may address personal development, professional growth, leadership challenges, relational dynamics, decision-making, boundaries, purpose, and goal attainment.

The Client sets the agenda. The relationship may be direct, reflective, challenging, and action-oriented.

The focus of psychotherapy is identification, diagnosis, and treatment of mental health conditions, alleviating symptoms, understanding underlying dynamics, and developing coping strategies.

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Session Fees

The fee for an initial assessment is **\$200**, and all follow up consulting and coaching sessions fees are at the rate of **\$175** per 50-minute session. Fees will be paid in advance of sessions. Payments for Sessions can be paid through Credit/Debit, PayPal, Zelle, CashApp or Cash. In the event the Client fails to pay the amount due **24 hours prior to the scheduled session**, the session may be cancelled at the Consultants discretion.

Professional time spent outside of scheduled consulting and coaching sessions, between session phone calls or email exchanges, reading or reviewing documents will be charged on a pro-rated basis, if less than 50-minutes. If I am required to attend meetings outside of my offices, you agree to pay for all time and travel expenses to the location of such meetings.

Cancellations

It is required that you give 24 hours' notice if you need to cancel or change the time of the appointment. I will make every effort to re-schedule sessions which are cancelled in a timely manner. If a client does not cancel in a timely manner on a regular basis, I will need to end our consulting relationship. Cancellation (less than 24 hours before) and/or no-show appointments, the client will forfeit the session fee.

The Consultant and client commit to start and finish each session on time. If the client is more than 10 minutes late for a scheduled session, it will be assumed that the session is cancelled, and the client will forfeit the session fee.

Confidentiality

A Talk with John Counseling and Consulting, PLLC fully protects the privacy and confidentiality of communications with its clients. At no time will A Talk with John Counseling and Consulting, PLLC voluntarily divulge the consulting relationship between themselves and their clients without written permission from the Clients, unless required to do so by a court of law.

My Consulting and Coaching Commitment

- I will honor the time that we are together and hold your confidences.
- I will not judge you and will respect your perceptions of the world.
- It is not my job to change you. It is my privilege to bring awareness, clarity of choices and if you choose action to your life.
- I will always hold you in positive focus. We will concentrate on what is working in your life and how to create more that will work for you.
- I will support, encourage, teach, and help you stay "on track" toward your goals.

Termination of Services

Either Party may terminate this Agreement immediately upon notice. Notwithstanding the foregoing, Client shall not be relieved of any obligations to pay fees due to A Talk with John Counseling and Consulting, PLLC solely because of the termination of this Agreement.

Limitation of Liability

IN NO EVENT SHALL A Talk with John Counseling and Consulting, PLLC BE LIABLE TO THE CLIENT FOR ANY SPECIAL, PUNITIVE, INCIDENTAL, INDIRECT, OR CONSEQUENTIAL DAMAGES OF ANY KIND IN CONNECTION WITH THIS AGREEMENT.

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Entire Agreement

This Contract constitutes the entire agreement between the Client and the Consultant and the Consultant shall not be held responsible and shall remain blameless for any adverse or other consequences, including but not limited to financial, personal, employment or other losses, arising out of decisions or actions the Client may make as a result of the Services provided by the Consultant.

Acceptance of Terms *We agree to these terms and will abide by these guidelines.* By signing below, I acknowledge that I have had the opportunity to review this Agreement, that I understand all aspects of it, and I agree to abide by it.

Client's Signature: _____

Date: _____

Client's Signature: _____

Date: _____

Consultant: _____

Date: _____

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